Module 9

Vocabulary

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Shopping list

Poultry

Dairy product

Nut

Seeds

Cereal

Grains

Snack

Beverages

Herbs

Spices

Fizzy drinks

Low- fat yoghurt

Tuna

Honey

Lettuce

Frozen peas

Low-fat milk

Brown rice

Frozen chips

A bottle of cola

A packet of crisps

Frozen

A tub of ice cream

Mayonnaise

Lamb chops

White bread

A bar of chocolate

Biscuits

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Starve

Depend on

Grill

Takeaway food

Dessert

Treat yourself

Otherwise

Containers:

Box

Can

Carton

Bottle

Cup

Tin

Packet

Jar

Phrasal verbs

Take away

Take somebody out

Take something back

Take something off

Idioms:

Too many cooks spoil the broth

Don’t cry over spilt milk

A couch potato

As cool as a cucumber

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To match

To suit

To fit

Stuff

Affect

power

Rechargeable battery

e-card

swap

natural resources

label

a good cause